

109TH CONGRESS
2^D SESSION

H. R. 5563

To amend the Federal Food, Drug, and Cosmetic Act to extend the food labeling requirements of the Nutrition Labeling and Education Act of 1990 to enable customers to make informed choices about the nutritional content of standard menu items in large chain restaurants.

IN THE HOUSE OF REPRESENTATIVES

JUNE 8, 2006

Ms. DELAURO (for herself, Mr. BLUMENAUER, Mr. BROWN of Ohio, Mrs. CAPPS, Mr. EMANUEL, Mr. FATAH, Mr. FILNER, Mr. GRIJALVA, Mr. HINCHEY, Ms. JACKSON-LEE of Texas, Ms. KAPTUR, Ms. LEE, Ms. ZOE LOFGREN of California, Ms. MCCOLLUM of Minnesota, Mr. MCGOVERN, Ms. MILLENDER-MCDONALD, Mr. GEORGE MILLER of California, Mr. OWENS, and Mr. WAXMAN) introduced the following bill; which was referred to the Committee on Energy and Commerce

A BILL

To amend the Federal Food, Drug, and Cosmetic Act to extend the food labeling requirements of the Nutrition Labeling and Education Act of 1990 to enable customers to make informed choices about the nutritional content of standard menu items in large chain restaurants.

1 *Be it enacted by the Senate and House of Representa-*
2 *tives of the United States of America in Congress assembled,*

3 **SECTION 1. SHORT TITLE.**

4 This Act may be cited as the “Menu Education and
5 Labeling Act” or the “MEAL Act”.

1 **SEC. 2. FINDINGS.**

2 Congress finds that—

3 (1) research continues to reveal that—

4 (A) there is a strong link between diet and
5 health; and

6 (B) diet-related diseases start early in life;

7 (2)(A) increased caloric intake is a key factor
8 contributing to the alarming increase in obesity in
9 the United States;

10 (B) according to the Centers for Disease Con-
11 trol and Prevention, $\frac{2}{3}$ of American adults are over-
12 weight or obese, and the rates of obesity have dou-
13 bled in children and tripled in teens since 1980;

14 (C) obesity increases the risk of diabetes, heart
15 disease, stroke, several types of cancer, and other
16 health problems; and

17 (D) the annual cost of obesity to families, busi-
18 nesses, and governments in the United States is
19 \$117,000,000,000;

20 (3) over the past 2 decades, there has been a
21 significant increase in the number of meals prepared
22 or eaten outside the home, with an estimated $\frac{1}{3}$ of
23 calories and almost half of total food dollars being
24 spent on food purchased from or eaten at res-
25 taurants and other food-service establishments;

1 (4)(A) excess saturated fat intake is a major
2 risk factor for heart disease, which is the leading
3 cause of death in the United States; and

4 (B) heart disease is a leading cause of disability
5 among working adults and its impact on the United
6 States economy is significant, estimated in 2005 to
7 total \$142,000,000,000 in healthcare expenditures
8 and lost productivity;

9 (5)(A) increased sodium intake is associated
10 with increased risk of high blood pressure, or hyper-
11 tension, a condition that can lead to cardiovascular
12 disease, especially stroke; and

13 (B) the proportion of adults with high blood
14 pressure is 45 percent at age 50, 60 percent at age
15 60, and more than 70 percent at age 70;

16 (6) the Nutrition Labeling and Education Act
17 of 1990 (Public Law 101–535) requires food manu-
18 facturers to provide nutrition information on almost
19 all packaged foods, however, restaurant foods are ex-
20 empt from those requirements unless a nutrient con-
21 tent or health claim is made for a menu item;

22 (7) about 75 percent of adults report using food
23 labels on packaged foods, which is associated with
24 eating more healthful diets, and approximately half
25 of people report that the nutrition information on

1 food labels has caused them to change their minds
2 about buying a food product;

3 (8) it is difficult for consumers to limit their in-
4 take of calories at restaurants, given the limited
5 availability of nutrition information;

6 (9) studies show that consumers would like nu-
7 trition information to be provided at the time of or-
8 dering their food at a restaurant, at the point of the
9 sale, so as to enable them to make an educated deci-
10 sion regarding what to order; and

11 (10) a call to action from the Surgeon General
12 and Secretary of Health and Human Services rec-
13 ommends that, to reduce the incidence of obesity,
14 there be increased availability of nutrition informa-
15 tion for foods eaten and prepared away from home.

16 **SEC. 3. NUTRITION LABELING OF STANDARD MENU ITEMS**
17 **AT CHAIN RESTAURANTS.**

18 Section 403(q)(5) of the Federal Food, Drug, and
19 Cosmetic Act (21 U.S.C. 343(q)(5)) is amended—

20 (1) in clause (A)—

21 (A) in subclause (i), by inserting “except
22 as provided in clauses (H) and (I),” before
23 “which” the first place it appears; and

1 (B) in subclause (ii), by inserting “except
2 as provided in clauses (H) and (I),” before
3 “which” the first place it appears; and
4 (2) by adding at the end the following:

5 “(H) RESTAURANTS AND RETAIL FOOD ESTABLISH-
6 MENTS.—

7 “(i) IN GENERAL.—Except for food described in
8 subclause (iii), in the case of food that is served,
9 processed, or prepared in a restaurant or similar re-
10 tail food establishment that is part of a chain with
11 20 or more locations doing business under the same
12 trade name (regardless of the type of ownership of
13 the locations), the restaurant or establishment shall
14 disclose the information described in subclause (ii).

15 “(ii) INFORMATION REQUIRED TO BE DIS-
16 CLOSED.—Except as provided in subclause (iii), the
17 establishment shall disclose—

18 “(I)(aa) in a statement adjacent to the
19 name of the food on any menu listing the food
20 for sale, or by any other means deemed equiva-
21 lent by the Secretary, the number of calories,
22 grams of saturated fat plus trans fat, and milli-
23 grams of sodium contained in a standard serv-
24 ing of the food, as usually offered for sale, in
25 a clear and conspicuous manner; and

1 “(bb) information, specified by the Sec-
2 retary by regulation, designed to enable the
3 public to understand, in the context of a total
4 daily diet, the significance of the nutrition in-
5 formation that is provided; and

6 “(II) in a statement adjacent to the name
7 of the food on any menu board or other sign
8 listing the food for sale, or by any other means
9 deemed equivalent by the Secretary—

10 “(aa) the number of calories con-
11 tained in a serving of the food, as usually
12 offered for sale, in a clear and conspicuous
13 manner; and

14 “(bb) notification that the information
15 required by subitems (aa) and (bb) of item
16 (I) shall be provided in writing at the re-
17 quest of a prospective purchaser.

18 “(iii) NONAPPLICABILITY TO CERTAIN FOOD.—

19 This clause does not apply to—

20 “(I) items that are not listed on a menu or
21 menu board (such as condiments and other
22 items placed on the table or counter for general
23 use); or

1 “(II) daily specials, temporary menu items,
2 or other irregular menu items, as specified by
3 the Secretary by regulation.

4 “(iv) SELF-SERVICE FACILITIES.—In the case
5 of food sold at a salad bar, buffet line, cafeteria line,
6 or similar self-service facility, a restaurant or other
7 establishment shall place a sign that lists calories
8 per standard serving adjacent to each food offered.

9 “(v) VOLUNTARY PROVISION OF NUTRITION IN-
10 FORMATION; STATE REGULATION OF NUTRITION IN-
11 FORMATION FOR RESTAURANT FOOD.—

12 “(I) RETAIL FOOD ESTABLISHMENTS.—
13 Nothing in this clause precludes a restaurant or
14 similar retail food establishment from providing
15 additional nutrition information, voluntarily, if
16 the information complies with the nutrition la-
17 beling requirements contained in this subpara-
18 graph.

19 “(II) STATE OR LOCAL REQUIREMENTS.—
20 Nothing in this clause precludes a State or po-
21 litical subdivision of a State from requiring that
22 a restaurant or similar food establishment pro-
23 vide nutrition information in addition to that
24 required under this clause.

25 “(vi) REGULATIONS.—

1 “(I) PROPOSED REGULATION.—Not later
2 than 1 year after the date of enactment of this
3 clause, the Secretary shall promulgate proposed
4 regulations to carry out this clause.

5 “(II) CONTENTS.—The regulations shall
6 allow for the variations in serving sizes and in
7 food preparation that can reasonably be ex-
8 pected to result from inadvertent human error,
9 training of food service workers, and other fac-
10 tors.

11 “(III) FINAL REGULATIONS.—Not later
12 than 2 years after the date of enactment of this
13 clause, the Secretary shall promulgate final reg-
14 ulations to implement this clause.

15 “(IV) FAILURE TO PROMULGATE FINAL
16 REGULATIONS BY REQUIRED DATE.—If the Sec-
17 retary does not promulgate final regulations
18 under item (III) by the date that is 2 years
19 after the date of enactment of this clause—

20 “(aa) the proposed regulations issued
21 in accordance with item (I) shall become
22 effective as the final regulations on the day
23 after that date; and

1 “(bb) the Secretary shall publish in
2 the Federal Register notice of the final
3 regulations.

4 “(I) VENDING MACHINES.—

5 “(i) IN GENERAL.—In the case of an article of
6 food sold from a vending machine that—

7 “(I) does not permit a prospective pur-
8 chaser to examine the article so as to be able
9 to read a statement affixed to the article before
10 purchasing the article; and

11 “(II) is operated by a person that is en-
12 gaged in the business of owning and operating
13 20 or more vending machines;

14 the vending machine operator shall provide a con-
15 spicuous sign in close proximity to the article that
16 includes a statement disclosing the number of cal-
17 ories contained in the article.

18 “(ii) VOLUNTARY PROVISION OF NUTRITION IN-
19 FORMATION; STATE REGULATION OF NUTRITION IN-
20 FORMATION FOR VENDING MACHINES.—

21 “(I) VENDING MACHINE OPERATORS.—

22 Nothing in this clause precludes a vending ma-
23 chine operator from providing additional nutri-
24 tion information, voluntarily, if the information

1 complies with the nutrition labeling require-
2 ments contained in this subparagraph.

3 “(II) STATE OR LOCAL REQUIREMENTS.—
4 Nothing in this title precludes a State or polit-
5 ical subdivision of a State from requiring that
6 a vending machine operator provide nutrition
7 information in addition to that required under
8 this clause.

9 “(iii) REGULATIONS.—

10 “(I) PROPOSED REGULATION.—Not later
11 than 1 year after the date of enactment of this
12 clause, the Secretary shall promulgate proposed
13 regulations to carry out this clause.

14 “(II) FINAL REGULATIONS.—Not later
15 than 2 years after the date of enactment of this
16 clause, the Secretary shall promulgate final reg-
17 ulations to implement this clause.

18 “(III) FAILURE TO PROMULGATE FINAL
19 REGULATIONS BY REQUIRED DATE.—If the Sec-
20 retary does not promulgate final regulations
21 under item (II) by the date that is 2 years after
22 the date of enactment of this clause—

23 “(aa) the proposed regulations issued
24 in accordance with item (I) shall become

1 effective as the final regulations on the day
2 after that date; and

3 “(bb) the Secretary shall publish in
4 the Federal Register notice of the final
5 regulations.”.

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